

OPERATION TRACKSHOES **2023 TRAINING COURSES (OPTIONAL)**

A. Introduction to Supporting Individuals with Mobility, Eating and Personal Care Needs

This session has been designed to provide a brief overview of assisting individuals with complex care needs. No background knowledge is needed. Participants will start building the foundational knowledge and skills needed to help promote physical comfort and safety. Topics will include wheelchair etiquette, eating support, and basic personal care assistance (assistance with dressing and support for hygiene tasks)

Date: Thursday May 18, 2023, 6:30 - 9:30 pm

Location: Room TBA, Camosun College, Interurban Campus

Space is limited, so once you are signed up and confirmed, it is important that you let us know if you cannot attend; this will allow someone on the waitlist to come in your place.

Neurodiversity* through a Social Model of Disability

This mini course encourages discussion of Neurodiversity through a Social Model of Disability, emphasizing the experiences and voices of a variety of neurodiverse individuals. Through multi-media presentation and additional resource sharing, individuals will be invited to consider community inclusion through an Intersectional Lens**. The goal of this course is a collaborative learning experience through fun, engaging, and accessible ideas. In person and on line offerings will be available.

B: Neurodiversity course In-person option: Saturday, May 13, 2023, 2:00 pm - 4:00 pm.
Room TBA, Camosun College, Lansdowne Campus

C: Neurodiversity course on-line option via FaceBook, May 6 - 10, 2023

Participants will receive an email invitation to join the event on May 1. The course is delivered over 5 days and is designed for participants to access at their convenience, with new content available each day. In person participants may join this group after Saturday, May 13, for access to the covered material and optional continued discussion.

*Neurodiversity is normal variation in human functioning. It refers to the idea that people experience and interact with the world around them in different ways, and that there is no one "right" way of thinking, learning and connecting with others.

**Intersectional Lens refers to the framework that acknowledges that each individual has unique experiences of discrimination and oppression.